



# MEDRIX UPDATE

BY LARELLE CATHERMAN

Winter  
2005  
Issue

She didn't ask for herself, this aged lady, in pink print pajamas and a conical hat. She only asked for her people. "We are very poor here; please help the clinic here, so our children will be healthy and happy." She bore the lines of many seasons and many trials. Her one front black and red tooth was covered with bettlenut stain. The aged lines stained with red bettlenut around her mouth gave evidence to an era and culture fading into the sunset. But as frail as she was, she asked only for her people, the generations to follow. She was 87. It was morning on Thursday, December 9, 2004 in Vietnam.

I was tired. Her message was like a knife in my heart. It had been a long and sorrowful morning. Three villages, about 4,000 people wanted the help of MEDRIX. I needed help too. I had received "the dreaded phone call," the one that wakes a person out of a sound sleep, adrenalin surged through my body. It was a message from the MEDRIX office to call my husband immediately.

I knew, I knew, I knew....the message was clear, my dear father had breathed his last breath here on earth and had entered heaven's gates. His frail body, which had steadily shriveled over the last year, was now free from the seizures and pain he had heroically suffered. One year ago, he had also asked me for help. It was the first time I can

ever remember my stoic Norwegian father ever asking me for help. He wanted me to 'quickly' find a place in an assisted living center. He knew the near future would require his entrance into heaven, and he wanted my mother to be cared for and settled when the moment occurred. He did not ask for himself. He only asked for 'his people'. He was 89. It was 2:00 AM now and sleep was nowhere in sight.

A half a world away, in the same day, the elderly were still thinking of others. She did not ask for herself...he did not ask for himself.

**I am now asking on their behalf,  
will you help support:**



- 3 village Clinics need Safe Water, electrical upgrades, paint, and hospital furnishings. Needed: \$4,000 USD/each
- 60 Vietnamese nurses need scholarships to attend a MEDRIX nursing conference to increase their skills in working with mentally ill patients. Needed: \$133 USD/each

- Hue Pediatric Hospital Physicians training on diagnosis of diseases of the stomach and intestine. Needed: \$2,000 USD
- Ultraviolet Water Treatment System. Needed: \$100 USD/per unit
- Community Health teaching by Vietnamese nursing students. Needed: \$4,000 USD

## Celebrate with us MEDRIX Opens New Office in Hanoi, Vietnam

This December, MEDRIX opened an office in Hanoi, Vietnam to establish continuity between current and upcoming projects. This is an important step to improve project management and communications with our Vietnamese partners.



Mrs. Ha  
Administrative  
Assistant

Mr. Tan  
Administrative  
Consultant

**End This Year  
Or Start This New Year Off  
With A Special Gift!**

To see more office pictures, please visit our website at [www.medrix.org](http://www.medrix.org)

# MEDRIX

PO Box 2588  
Woodinville, WA 98072



We are on the web  
[www.medrix.org](http://www.medrix.org)

Feedback?  
Email us at:  
[office@medrix.org](mailto:office@medrix.org)

**“The mission of  
MEDRIX is to serve the  
people of SE Asia by sharing  
medical, educational, and  
development  
resources.”**

## Supplies/Volunteers We Need

- Digital Camera
- Dell Projector  
(Model 2200MP)
- Travel Volunteers  
March 30-April 23, 2005
- Doctors, Nurses & English as a  
second language  
specialists.

## Happy New Year From MEDRIX!



The MEDRIX 2004  
Silent Auction & Benefit Dinner was a success!!  
Thanks to you, we were able to raise over \$50,000  
USD.

## Thank you for your Contributions



*A November 2004 flood in Hue, Vietnam increases the  
need  
for clinic restorations.*

Please help MEDRIX during this holiday season by donating to our projects in Southeast Asia. MEDRIX makes it easy for you to donate a one-time contribution, monthly, quarterly, or yearly. MEDRIX now has the capability to accept contributions through your credit card and will provide a statement for your tax records. We also accept cash and checks. We greatly appreciate your help and support during this busy season!

### YES, I WILL SUPPORT THE ONGOING MISSION OF MEDRIX

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

EMAIL: \_\_\_\_\_

ACCOUNT INFORMATION: CHECK   CASH   CREDIT CARD (PLEASE CIRCLE)

FOR CREDIT CARD DONATIONS:  
VISA/MASTERCARD ACCOUNT #: \_\_\_\_\_

EXP. DATE: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_

On-Going Support:

- Monthly \_\_\_\_\_  
 Quarterly \_\_\_\_\_

Special Gift:

- Project \_\_\_\_\_  
or  
 Team Member \_\_\_\_\_

I authorize MEDRIX to charge my  
Visa/MasterCard account \$ \_\_\_\_\_

- Monthly  
 Quarterly  
 Special Gift

Gifts to MEDRIX are  
Tax-Deductible.  
Please Mail  
Donations to:  
MEDRIX  
PO BOX 2588  
Woodinville, WA  
98072

MEDRIX can make it easy for you to donate monthly, quarterly, or yearly.  
MEDRIX can charge your credit card and provide a statement for your records.